

## Friday, September 27, 2024

- 7:15 - 8:00 a.m. Registration, Breakfast & Visit Exhibits**
- 8:00 - 8:15 a.m. Welcome
- 8:15 - 9:15 a.m. New Psychiatric Medication Practical Pearls  
Pritham Raj, MD
- 9:15 - 10:15 a.m. Early Intervention for Youth and Young Adults with Emerging Psychotic Disorders  
Cameron Carter, MD
- 10:15 - 10:30 a.m. Break & Visit Exhibits**
- 10:30 - 11:30 a.m. Fresh Finds: FDA's New Psychiatric Drug Approvals  
Gemma Espejo, MD  
Farah Khorassani, PharmD, BCPP
- 11:30 - 12:30 p.m. Schizophrenia  
Adrian Preda, MD, DFAPA
- 12:30 - 1:30 p.m. Lunch & Visit Exhibits**
- 1:30 - 2:30 p.m. Stump the Experts  
Panelists:  
Pritham Raj, MD  
Adrian Preda, MD, DFAPA  
Gemma Espejo, MD  
Farah Khorassani, PharmD, BCPP  
Gus Alva, MD (Moderator)
- 2:30 - 3:30 p.m. Residents Corner  
Bryan Shapiro, MD (Facilitator)
- Breakout Case Discussion:  
Psychopharmacology Case Discussion  
Pritham Raj, MD  
Jaesu Han, MD
- Breakout Case Discussion:  
Psychotic Disorders  
Adrian Preda, MD, DFAPA  
Gus Alva, MD
- 3:30 - 4:30 p.m. Breakout Case Discussion:  
Psychopharmacology Case Discussion  
Pritham Raj, MD  
Jaesu Han, MD
- Breakout Case Discussion:  
Psychotic Disorders  
Adrian Preda, MD, DFAPA  
Gus Alva, MD
- 4:30 - 5:00 p.m. Session End & Visit Exhibits**
- 5:00 - 8:00 p.m. Networking Reception & Dinner

## Saturday, September 28, 2024

- 7:00 - 7:30 a.m. Registration**
- 7:30 - 8:15 a.m. Breakfast & View Exhibits**
- 8:15 - 8:30 a.m. Welcome  
Robert M McCarron, DO  
Gus Alva, MD
- 8:30 - 9:30 a.m. Treatment Options for Depression  
Robert M McCarron, DO
- 9:30 - 10:30 a.m. Bipolar Disorder  
Charles Nguyen, MD
- 10:30 - 10:45 a.m. Break & Visit Exhibits**
- 10:45 - 11:45 a.m. Stopping Psychiatric Medications... When and How?  
Bryan Shapiro, MD
- 11:45 - 12:45 p.m. Anxiety Disorders  
Jaesu Han, MD
- 12:45 - 1:45 p.m. Lunch & Visit Exhibits**
- 1:45 - 2:45 p.m. Stump the Experts  
Panelists:  
Robert M McCarron, DO  
Bryan Shapiro, MD  
Charles Nguyen, MD  
Jaesu Han, MD  
Gus Alva, MD (Moderator)
- 2:45 - 3:45 p.m. Residents Corner  
Rimal Bera, MD (Facilitator)
- Breakout Case Discussion:  
Anxiety Disorders  
Charles Nguyen, MD  
Jaesu Han, MD
- Breakout Case Discussion: Mood Disorders  
Robert M McCarron, DO  
Bryan Shapiro, MD
- 3:45 - 4:45 p.m. Breakout Case Discussion: Anxiety Disorders  
Charles Nguyen, MD  
Jaesu Han, MD
- Breakout Case Discussion: Mood Disorders  
Robert M McCarron, DO  
Bryan Shapiro, MD
- 4:45 - 5:15 p.m. Session End & Visit Exhibits**

### Pre-recorded Lectures (5 hours)

Jaesu Han, MD  
Ariel B. Neikrug, PhD  
Bryan Shapiro, MD



Scan the QR code to access by going to the schedule tab or visit [uci.cloud-cme.com/2024-psychopharmacologyconference](https://uci.cloud-cme.com/2024-psychopharmacologyconference)

UCI School of Medicine  
Continuing Medical Education

# Second Annual Clinical Psychopharmacology Conference

September 27-28, 2024

JW Marriott, Anaheim Resort  
1775 South Clementine St., Anaheim, CA

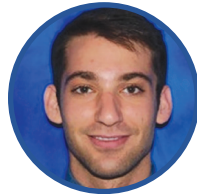
## Course Directors



**Robert M. McCarron, DO**  
Professor of Psychiatry & Human Behavior;  
Associate Dean, Continuing Medical  
Education; Director, UCI Train New Trainers  
Primary Care Psychiatry Fellowship  
UCI School of Medicine;  
Director of Education, UCI Susan Samueli  
Integrative Health Institute



**Rimal Bera, MD**  
Professor of Psychiatry & Human Behavior  
UCI School of Medicine



**Brian Shapiro, MD**  
Assistant Professor of Psychiatry  
& Human Behavior  
UCI School of Medicine



**Gus Alva, MD, DFAPA**  
Distinguished Fellow of the American  
Psychiatric Association;  
Assistant Professor of Neuroscience,  
UC Riverside School of Medicine;  
Medical Director, Senior Brain Health,  
Hoag Hospital

## UCI Faculty



**Cameron Carter, MD**  
Distinguished Professor and Chair  
of Psychiatry & Human Behavior  
UCI School of Medicine



**Gemma Espejo, MD**  
Assistant Professor of Psychiatry  
& Human Behavior  
UCI School of Medicine



**Jaesu Han, MD**  
Professor, Departments of Psychiatry &  
Human Behavior and Family Medicine  
UCI School of Medicine

## Guest Faculty



**Alex Alva, MD**  
Chief Medical Officer  
Pacific Neuropsychiatric Specialists



**Charles Nguyen, MD, DFAPA**  
Professor of Psychiatry and  
Neurosciences  
UC Riverside School of Medicine



**Pritham Raj, MD**  
Associate Professor of Internal  
Medicine and Psychiatry  
Oregon Health & Science University  
Consulting Associate of Psychiatry  
and Behavioral Sciences  
Duke University Medical Center



**Farah Khorassani, PharmD, BCPP**  
Associate Professor of Clinical  
Pharmacy Practice  
UCI School of Pharmacy and  
Pharmaceutical Sciences



**Ariel B. Neikrug, PhD**  
Assistant Professor of Psychiatry  
& Human Behavior  
Associate Director of Research,  
Train New Trainers Psychiatry  
Fellowship Program  
UCI School of Medicine



**Adrian Preda, MD**  
Professor of Psychiatry & Human Behavior  
UCI School of Medicine

## Clinical Psychopharmacology Conference

### Purpose of the Course

The UCI School of Medicine Second Annual Clinical Psychopharmacology Conference provides an updated and targeted approach to the treatment of common psychiatric disorders related to depression, anxiety, bipolar disorder, psychosis, insomnia and others. This course provides valuable and evidence-based updates for psychiatrists, psychiatric nurse practitioners, as well as advanced topic learning for primary care providers who wish to improve their knowledge with use of psychotropic medication management in the busy primary care setting. Students and psychiatry residents are welcome to attend and participate in specially designed "Resident Corner" sessions.

This event is presented by UCI School of Medicine in partnership with CalOptima Health.



CalOptima Health

### Target Audience

This activity is designed for physicians, Psychiatrists and other providers. Students and psychiatry residents are welcome to attend and participate in specially designed "Resident Corner" sessions.

### Learning Objectives

After completing the learning activity, the participant should be able to:

Provide a foundational overview of psychopharmacological treatment in those with behavioral health conditions. Discuss novel treatments for those struggling with behavioral health conditions.

Provide standard of care approaches to enhance and understand individualized levels of motivation to optimize care.

Discuss the importance of recognizing mental health related stigma and how this can adversely influence care.

Provide a framework for treatment of the following conditions: Depression, anxiety, insomnia, psychosis, movement disorders and others.

### Accreditation Statement

The University of California, Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Designation Statement

The University of California, Irvine School of Medicine designates this live activity of a maximum of 20 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Disclosure Statement

It is the policy for the University of California, Irvine School of Medicine and University of California CME consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure or conflict and resolution will be made in writing via handout materials of syllabus.

### Registration

Registration for this course is available at [uci.cloud-cme.com/2024-psychopharmacology-conference](https://uci.cloud-cme.com/2024-psychopharmacology-conference)

To ensure a spot in this course, early registration is strongly encouraged.

### Registration Fees

- \$375 Psychiatrists, Physicians
- \$275 UCI Physicians, Other Healthcare Providers
- \$175 UCI Nurses
- \$100 Residents, UCI COHS Students

Registration fees include both days of the conference, the evening reception, continental breakfast, lunch and CME certificate. For more information, contact CME Office at [cme@hs.uci.edu](mailto:cme@hs.uci.edu).

### Accommodations

JW Marriott, Anaheim Resort  
1775 South Clementine St.  
Anaheim, CA, 92802  
714-294-7800

[uci.cloud-cme.com/2024-psychopharmacology-conference](https://uci.cloud-cme.com/2024-psychopharmacology-conference)

Special discounted hotel room rates will be available for early booking as space is limited. We recommend making travel arrangements early. All attendees are responsible for their own reservations. The standard hotel individual reservation cancellation policy will apply.



### California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, <https://medschool.uci.edu/cme>, for AB 1195 and AB 241 resources.

### ADA Statement

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your needs. For any special requests, please contact CME Office at 949-824-9163 or [cme@hs.uci.edu](mailto:cme@hs.uci.edu).